



Chief Guest



Dr. H.R. Nagendra

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Dr. H. R. Nagendra is the Vice Chancellor of SVYASA Yoga University, Bangalore & Honorable President, Hindu University of America, Orlando, Florida, USA. Dr. H. R. Nagendra is a doctorate in Mechanical Engineering but with a life mission to explore subtle aspects of consciousness through yoga and President of Vivekananda Yoga Research Foundation, Bangalore. Dr. Nagendra was a NASA Research Associate and Consultant at Harvard University before his interests turned to full time involvement in human engineering and the search for ultimate reality. A teacher & a researcher par excellence, he has devoted over 30 years of his life to teaching, research, consultancy and training in Stress management & Yoga practices, Health management with yoga therapy and management of SVYASA institution. He has published nearly 35 books in Yoga and has authored and co-authored 70 research papers and guided nearly 250 dissertations and presented nearly 400 papers related to yoga therapy and other applications in leading conferences all over the world. Dr. H. R. Nagendra has established many SVYASA centers all around the World and collaborated with many natural health centers like Indus Valley Ayurveda Centre in Mysore, National Institute of Mental Health and Neurological Sciences (NIMHANS), Bangalore, India and Hindu University of America, Orlando and Centre for Positive Health, South Florida, USA to examine the efficacy of yoga practices to solve the basic problems of the high-technology era. Dr. Nagendra through The Indian Yoga Institute, the academic wing of SVYASA, has set up PhD courses recognized by Universities of Bangalore, Mysore, Mangalore and the Rajiv Gandhi Institute of Health Sciences, Bangalore. He is multi linguist and recipient of several awards at state and national levels.