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September 07, 2006

Message

I am immensely pleased to learn that the Mahatma Gandhi Institute of Medical Sciences, Sevagram, Wardha is organizing a 'National Symposium on Science of Holistic Living and its Global Application' along with a; CME programme on 'Therapeutic Life Style Changes for Management of Chronic Health Problems' during 16-17 November, 2006. The event is very timely to discuss the subject in view of the emerging spectrum of lifestyle-related health problems, which need comprehensive approach for management.

Like health, the approach to deal with health problems, cannot be fragmented. All dimensions of a health problem as well as of the diseased individual need to be taken into consideration for successful management in a comprehensive manner. Indian Systems of Medicine is characterised by holistic and individualised approach towards health care on a case to case basis in accordance with physical, psychological, social and spiritual aspects of disease-origin. This strength of Indian Systems of Medicine holds tremendous potential for guiding public towards healthy living and it needs to be propagated.

I hope, good scientific deliberations on the subject would take place in the symposium and participants of CME programme will be benefited with the useful knowledge exchange.


(Anita Das)